



Meet Canada's Real-Life "Professor X"

Author says superhuman powers are within reach of many of us

TORONTO, CANADA
FOR IMMEDIATE RELEASE

From a quiet study, in a mansion, on a tree-lined residential street, a middle-aged man is preparing to teach ESP to a group of students. While this may sound like a scene from the science fiction franchise "The X-Men," in fact, this is taking place right now, here in Canada. It's not science fiction.

Dr. Douglas James Cottrell of Toronto is the author of half a dozen books about supernatural abilities and personal development. He teaches courses in developing ESP, clairvoyance, clairaudience, and remote viewing—including one coming up this spring near Toronto.

Students have taken to nicknaming Dr. Cottrell "Professor X"—the character in the superhero series, "The X-Men." Made famous onscreen by Sir Patrick Stewart, Professor X has telekinetic and telepathic abilities and runs a school for people with similar supernatural abilities. Like his fictional counterpart, Dr. Cottrell demonstrates remarkable ESP abilities.

In 1974, Dr. Cottrell was working at the *Toronto Star* newspaper. At twenty-four, he was not much a believer in supernatural or psychic phenomena, but he and his wife, Karen, were desperately searching for help for their handicapped daughter, Cheri-Anne. The medical community had all but given up on her, and she was placed in an institute for crippled children near Belleville, Ontario.

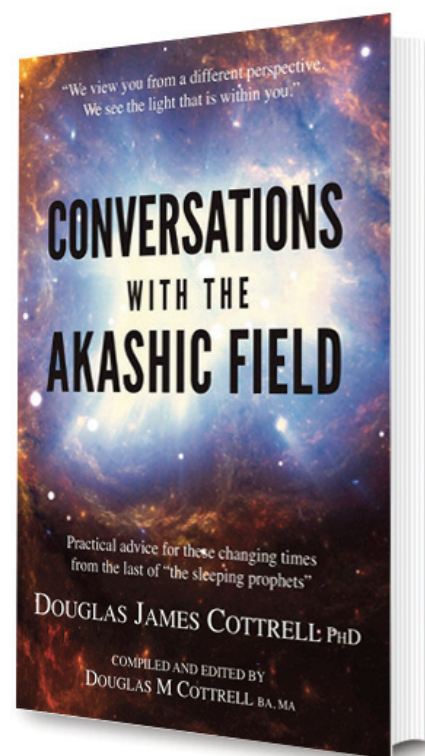
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Douglas James Cottrell, PhD

Douglas James Cottrell, PhD

- author of *Conversations with the Akashic Field*
- clairvoyant and spiritual teacher
- pioneer of Quantum Meditation™
- authenticated successor to the Edgar Cayce Phenomenon



Knowing Dr Cottrell's situation at home, a co-worker handed him a book about Edgar Cayce, who was renowned for his remarkable ESP. A *New York Times* article called Cayce "an illiterate man [who] becomes a doctor when hypnotized." Through years of study, experimentation, and practice, Dr. Cottrell learned to replicate the Cayce phenomenon. Today he is not only an adept practitioner, sought the world over for his unique insight into the underlying causes of numerous health conditions, but he is the leading authority on this meditative or hypnotic phenomenon he calls "Quantum Meditation." Dr. Cottrell says, "I have found that Quantum Meditation is the key that opens a gateway, not only to powers such as ESP, clairvoyance, and clairaudience, but also the merge-point at which all consciousness and knowledge is shared."

This merge-point is what scientists are calling "The Intelligent Field" (or "Akashic Field"). It connects our minds with everyone and everything in the universe. Fans of the "X-Men" series can liken this to "Cerebro," which is the machine Professor X uses to make contact with others. Dr. Cottrell believes that anyone can learn to tap into this Field, and they don't need a special device to do so. "Everyone has the ability to perceive information from the Field, with their own mind. The first step is learning to circumvent the ego, which has its own prejudices and experiences that cloud the way you see things." He continues, "One of the lessons I give my students is: 'tell me what you see, and not what you think'. Thinking is a process of using our reasoning faculties to come to a conclusion. This is not the same as observing."

Dr. Cottrell—who recently launched his newest book, *Conversations With The Akashic Field*—will be teaching his specialized Quantum Meditation techniques in a few weeks, at a facility near Toronto. When asked his thoughts on the infamous nickname, he says, "I know it's all in good fun. Although I don't look much like Professor X, we do share the same enthusiasm for our students. I tell them, if you feel the urge to develop your ESP, I encourage you to do so, to the best that you possibly can. Your mind can put you in touch with knowledge beyond your conscious understanding, but not by thinking."

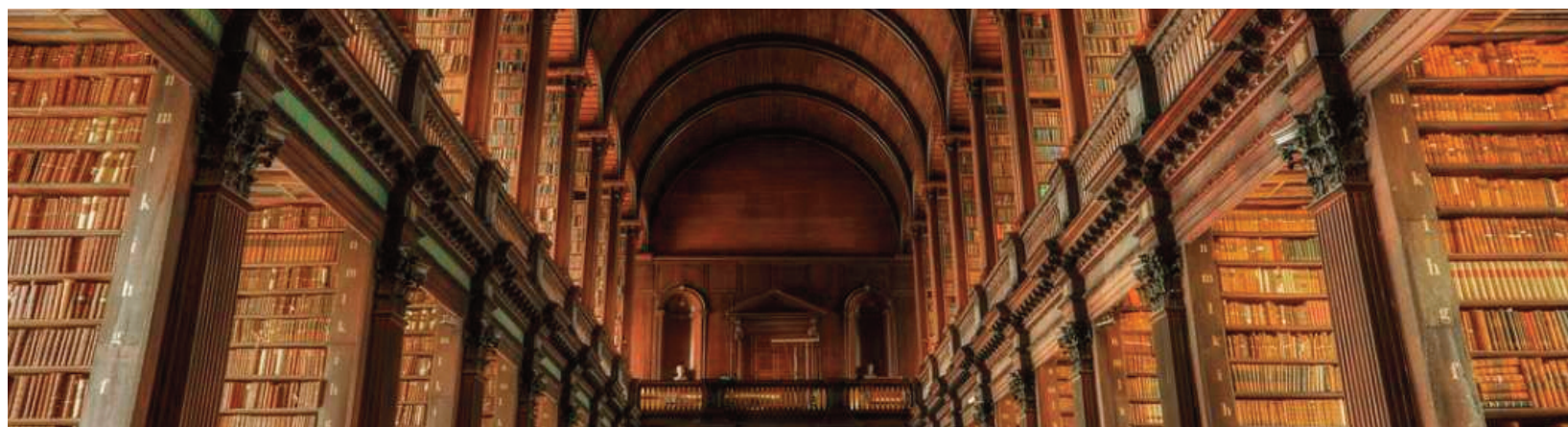
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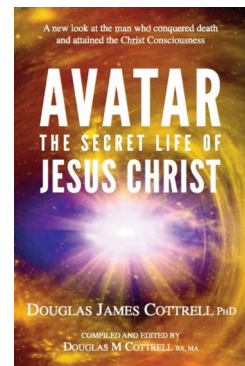
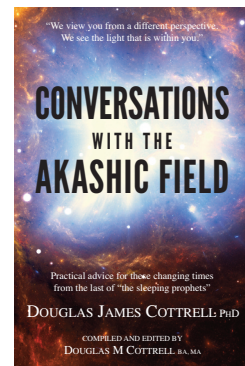
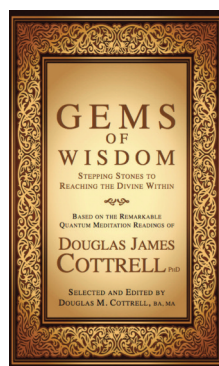
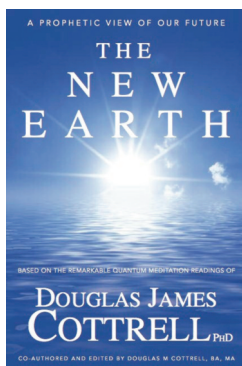
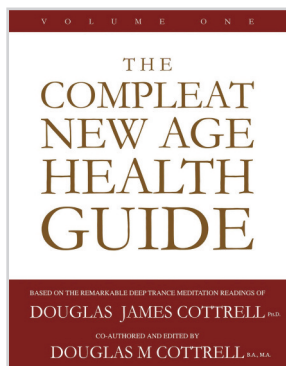
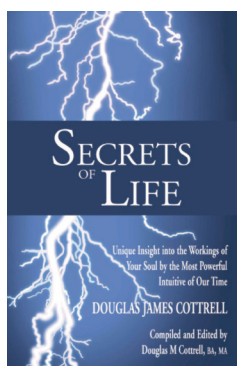


Consciousness: The New Frontier

Every so often, an individual appears who can demonstrate the ability to access the dimension known as the “Akashic Field.” Dr. Douglas James Cottrell is one such individual. The Akashic Field (also known as the “Akashic Record,” “Book of Life,” or “Intelligent Field”) is like a celestial library of all the thoughts and actions of humankind, since the dawn of time. It is the source of inventions, inspiration, and intuitive insight. Science is demonstrating that, through this energetic field, our bodies and minds are connected to one another, despite our perception that we are all separate beings. This is why the great spiritual traditions of the world suggest we treat others with respect, compassion, and tolerance.

“About 70 years ago, Edgar Cayce began gaining national prominence in the United States for his uncanny and otherworldly ability to solve perplexing medical questions, all while in a state of deep meditative trance. Today, that mantle has been passed to Dr. Douglas James Cottrell, who has demonstrated many of Cayce’s marvelous abilities using the exact same techniques.”

—Richard Syrett, radio and television host, “The Conspiracy Show”



For 40 years, Dr. Cottrell has been using this special ability to counsel others, offering insight into situations and problems that elude even the experts. He has been compiling this important information in several volumes of books, on topics ranging from health and longevity (*The ‘Compleat’ New Age Health Guide*) to future predictions (*The New Earth*) to lessons for living in harmony with others and with the planet (*Secrets of Life*, *Gems of Wisdom*, and *Conversations with the Akashic Field*).

MAN WITH X-RAY EYES

By CYNTHIA LEGGETT

AMAN with X-ray eyes has the amazing ability to diagnose and treat people's health problems — even if they're thousands of miles away.

Douglas James Cottrell says he can actually see the state of someone's health by focusing his mind on that person, whether they're in the same room or halfway around the world.

The clairvoyant from London, Ontario, Canada, puts himself in a trance and uses his extraordinary mental power of X-ray vision to view the person's internal organs on a "screen" in his mind.

In this way, Cottrell — who has been called the modern-day Edgar Cayce — can identify health problems and recommend treatment.

What's more, he has been highly successful in teaching others how to develop their own X-ray vision.

Cottrell tells the EXAMINER: "I enter into a deep meditation state by slowing down my respiration and heartbeat. When the body and conscious mind are asleep, the soul-mind, or divine intelligence, emerges to provide answers to my questions put to me while in trance.

"For example, a pale,

... solves people's health problems from thousands of miles away!

Modern-day Cayce can teach you how

spongy, rather sad heart organ might appear on my inner screen. This would indicate a weak heart. If blood is spilling out, this will reveal leaking heart valves.

"A woman who consulted me had been plagued by severe headaches for years and doctors were unable to find a cure. I entered into a trance and immediately saw her pelvic bones had a slight twist which caused additional stress on her spinal cord, thus causing the headaches at the base of the skull.

"After her doctor realigned her pelvic bones, her headaches completely disappeared."

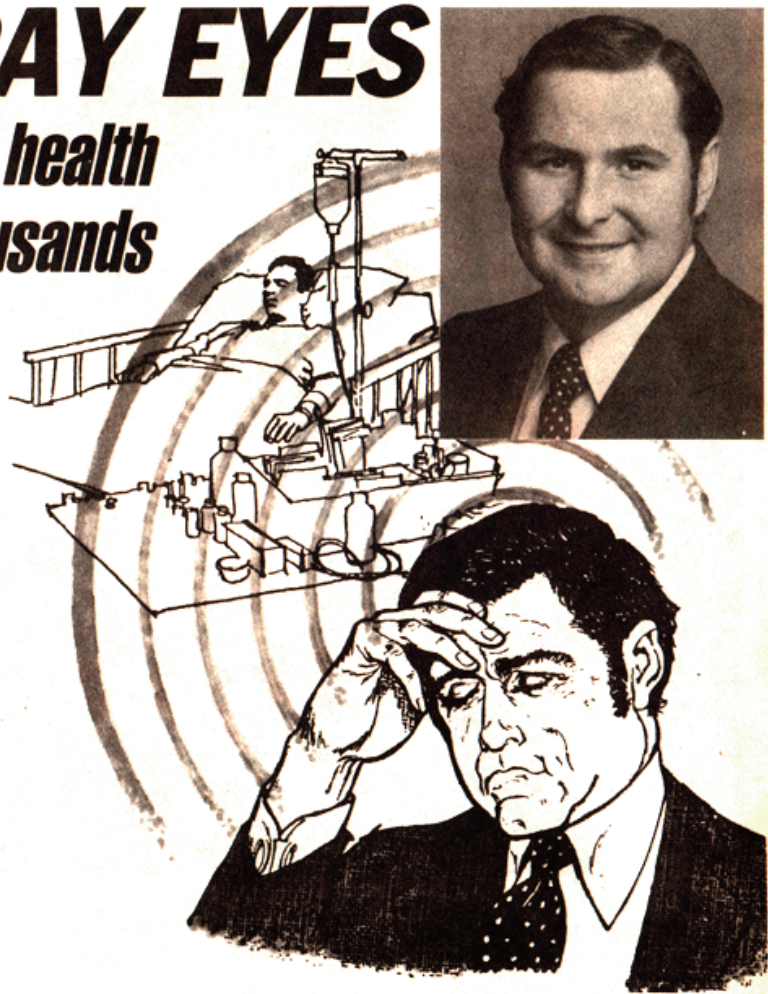
Not surprisingly, doctors, psychologists, and

psychic researchers have been astounded by Cottrell's uncanny X-ray vision.

Says chiropractor Mike Bodnar: "After I do a physical and neurological examination with X-rays, I compare my findings with Doug's trance reading and have found him to be 95% accurate."

Interestingly, Cottrell discovered his awesome healing talents some 17 years ago when he and his wife and partner, Karen, were searching for help for their daughter, Cheri, who was born with multiple handicaps.

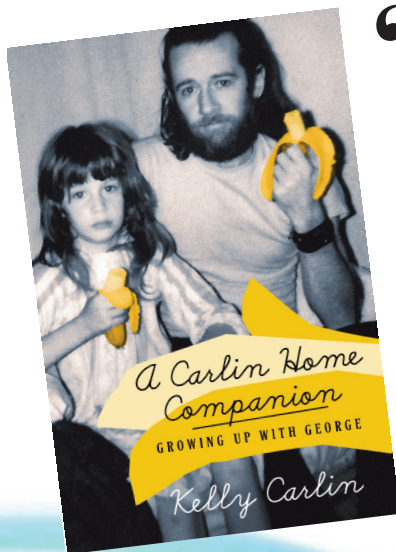
Since then, the husband-and-wife team have worked together to provide help for the hundreds of people who contact



CLAIRVOYANT Douglas Cottrell (inset) focuses on people's minds by going into a trance and viewing his subjects' internal organs on a 'screen' only he can see.

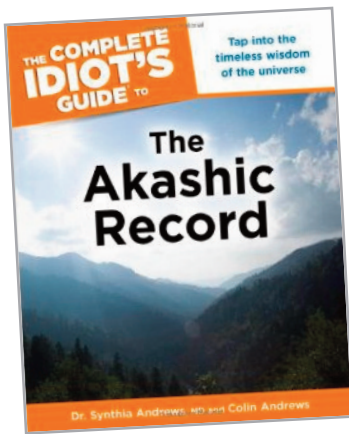
them by mail or in person each year. They also teach their own psychic gifts. As Cottrell explains: "We teach people how to listen to their soul-mind to find their answers within."

National Examiner, April 18, 1989



“In the past, my parents and I had seen trance channeling a bunch of times with a gentleman from Canada, Doug Cottrell. Doug is considered to be like Edgar Cayce—a medical intuitive who also tells you about your past lives and helps guide you through current life issues. To do this, he goes into a trance and accesses what they call the Akashic records—a collection of knowledge supposedly stored in the astral plane. Mom often invited him to come down to stay with them for a week, and he'd do sessions there [for celebrities]. Dad, ever the seeker, was open-minded about such things, and would have sessions with Doug, as would I. Over the years he's helped me put my life in perspective. My mom had even witnessed him give people uncannily accurate medical diagnoses.”

—Kelly Carlin, daughter of George Carlin (comedian)
author of *A Carlin Home Companion: Growing Up With George*



Authors Dr. Synthia Andrews, ND, and Colin Andrews quote Dr. Cottrell and his work in their 2010 book, *The Complete Idiot's Guide® to the Akashic Record* (ALPHA publishing).

A 'Mind's Eye View' of Health & Disease

Independent testing and verification of Dr. Cottrell suggest that the health/medical information is accurate to approximate the ninety-ninth percentile; and may, in many cases, be contemplating a link between cause and effect (as it relates to particular conditions) that even modern science is currently unaware of.

In the early 1990's, a senior M.D. from a major North American hospital—head of the Juvenile Diabetes section at the time—kindly consented to test Dr. Cottrell's skills in a manner similar to the way Cayce's own skills were once tested during his own lifetime (i.e. the malpractice hearing for Dr. Hank Ketchum).

Having passed the test given to him, and correctly “read” five of this doctor's private patients (who were not actually present in the room at the time), the M.D. decided to throw Dr. Cottrell a curve. He asked a question about a major medical study in progress at the time, a transplant process involving two different surgical protocols for the pancreas. After describing each, he asked Dr. Cottrell which would offer the best results. Dr. Cottrell answered the question and, several weeks later, the M.D. (who now practices in the U.S.) phoned to report that the reading was correct, the protocol selected in the reading was much more successful. What if Dr. Cottrell had been consulted before such a study was even initiated? How many hours could have been saved? How many lives?

Speaking of modern practice, the number of medical professionals willing to stand up and vouch for Dr. Cottrell's Akashic work is small (but significant). That is, of course a great pity. Most, unfortunately, are put off by bizarre connections between cause and effect the work posits; the bulk of which are completely outside the ambit of anything taught in medical school.



Client Testimonials

“ I have worked within the field of autism treatment for over fifteen years, yet the mystery that is this complex disorder continues to pique my curiosity daily. Searching for answers and direction for some of the most challenging cases, I have used Douglas Cottrell's talent. His clairvoyance, especially in the area of physical health issues, has proven exacting. In the case of one of my clients diagnosed with classic and profound autism, within just thirty minutes Douglas easily provided the insights and appropriate strategies that had previously remained a mystery until then.”

“ Douglas, I would like to specify—for those who might be naturally skeptical—a number of accurate statements that you made about my health even though you have never met me and know nothing about me, not even my birth date: 1. Your statements about my spine, including mentioning four specific vertebrae were exactly correct, as substantiated by recent medical MRI's. 2. Your statements about circulation, involving two different parts of the body were also accurate, as substantiated by recent medical tests. You also specified one side of the body as being more effected than the other. This was also borne out by medical tests. You also described the underlying causes of these conditions and the protocols that will clear them up. Now that I understand the 'big picture,' I understand how the protocols will help me—and it all makes complete sense. Medical science, with all its wonders and technology has been a great help to me over the years, but it was never able to give me the understanding, peace of mind and sense of hope that you have given me.”

“ The information in my first Akashic reading with Douglas really hit the mark, and amazed me with its detail and scope. He was able to identify conditions involving my digestive system and spinal alignment that both my doctor and chiropractor had largely missed. Douglas pinpointed the locations on my spine that needed adjustment, and an osteopath later confirmed the information. What was once a chronic scalp condition has almost disappeared thanks to following Douglas's suggestions. Douglas often goes beyond the basic questions to address other important aspects in the big picture and in the details. Douglas indeed has a special gift, and his abilities to provide helpful information are a most wonderful blessing for those who seek them.”

“ When I had my Quantum Meditation reading, Douglas responded in detail describing the state of my vital organs, adverse conditions and remedial actions I could take. The reading was stunningly accurate, including but not limited to the subluxation of two vertebrae—L2 and L5. Subsequently stopping at a chiropractor for the first time in my life, he X-rayed me, showed and described to me the results. Two areas needed adjustments, he said, L2 and L5. I am confident that the readings (done not only by Douglas, but any competent person) will eventually gain widespread acceptance and be validated scientifically.”



In the Media

Dr. Cottrell's work has been featured in many newspapers, and niche magazines, including:

- The National Examiner
- Body Mind Spirit / Psychic Guide
- Wisdom
- New Age Journal
- Venture Inward
- Open Road (Canada)
- Vitality (Canada)
- New Dawn (Australia)
- Athanor (Spain)
- Más Allá (Spain)

Dr. Cottrell has been a featured guest on numerous radio and TV programs, including:

- Good Company (WKYC TV)
- Diana Montford Show (NYC Cable TV)
- Betty Thompson Show (CHCH TV)
- John Hardy Show (CHCH TV)
- That's Life (Global TV)
- Cherrington (CHCH TV)
- Morning Break (CFPL TV)
- Coast to Coast AM (Los Angeles, CA)
- The Conspiracy Show (Toronto, Canada)
- Blanquita Cullum Show
- Joyce Keller Show (New York, NY)
- Del Mar Radio Show (San Diego, CA)
- Earth Mum Radio (Blog Talk Network)
- Trip'n'Tyme in the Morning (Las Vegas)
- Lou Gentile Radio Show (Philadelphia, PA)
- X-Zone (TalkStar Radio Network)
- Mind/Shift (Toronto, Canada)
- Peter Henderson Show (Hamilton, Canada)
- Exploring Unexplained Phenomena
- Positive Living
- Journeys with Rebecca
- Conscious Talk (Seattle, WA)
- Mysteries of the Mind (Rowe, NM)
- Barcelona Radio, Spain
- Radio, Argentina

To access sample shows, visit:

www.douglasjamescottrell.com/media-kit

A Talk Show Host's Dream

"#1 most popular show, December 2015"

—"Coast to Coast AM"

"We have had the pleasure of having Dr. Cottrell as a guest on my radio show numerous times, starting about 15 years ago. He has always proven to be an extraordinary radio show guest. Dr. Cottrell never disappoints! He is always dynamic, intelligent and articulate. He combines left-brained academic intelligence and logic, with right-brained sensitivity, compassion and intuition. He is an amazing human being."

—"The Joyce Keller Show"

"Doug did a great job. We received a ton of calls."

—Blanquita Callum, Pres.,

Nat'l. Assoc. U.S. Radio Talk Show Hosts

"I first met Douglas in the early 1990s, when I was producing a couple of talk shows out of Toronto, Canada on CFRB AM 1010. When Douglas first came on "The Nightside" with John Hesselink, I was immediately struck by his warmth and genuineness. There was no bluster, no bravado, no vague tap-dancing around specific questions. 'This one's different,' I remember thinking. What was intended as a one-hour segment turned into two-and-a-half hours. Hesselink couldn't shut it down. Douglas is a talk show producer's (and talk show host's) dream; always prepared and engaged with the listeners; never failing to wow and amaze. He has been a tremendous supporter of mine, both professionally and personally. People like him come around once, maybe twice in a lifetime. I've witnessed a few things in his presence I'd have to call miracles. He's the real deal. His record of predictions is impressive and I've got it all on tape."

—"The Conspiracy Show"